

Hawks Invite

4th Annual

DATE

Saturday, December 2, 2023

[Website](#)

LIMITED to 130 wrestlers

Freshmen/Sophomores Only

 [Hawks Invite Head Count](#)

LOCATION

Athletic Memorial Gymnasium (Building H)

Use South Entrance and park in lot #11

Henry Ford College

5101 Evergreen Rd

Dearborn, MI 48128

Cost

\$35 per wrestler

cash preferred/ checks payable to Henry Ford College Wrestling

Registration

Registration opens the Sunday before & the Deadline to pre-register is the Thursday before at 8pm.

Email Judy for additional support with registration for Hawks Invite

judyaw1122@gmail.com

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TIMELINE

Doors open at 7:00am

Skin checks at 7:45am

Weigh-ins at 8:00am

Wrestling begins at 10:00am

ADDITIONAL INFORMATION

Grant MacKenzie

grantmackenzie@me.com

Email Weigh-In sheets by 8pm on Thursday

(We will print them for you)



Skin Check

Wrestlers will lineup by TEAM according to labeled scale at 7:40am
Medical Examinations will begin promptly at 7:45am by the assigned Coach

Coaches will inspect opposing teams & send any issues to Head Trainer

****Athletic Trainer- Jan Lauer*

Weigh-In Procedures

By TEAM according to scale promptly at 8:00am upstairs on balcony

****Please bring your digital scale*

Scale 1 HFC	Scale 2 Mott	Scale 3 Siena	Scale 4 Defiance	Scale 5 Morton	Scale 6 Toledo	Scale 7 Cleary	Scale 8 GVSU	Scale 9 Michigan Slippery Rock	Scale 10 SC4
Coach Klink	Coach Priebe	Coach Ruffin	Coach Marry	Coach Swinson	Coach Butz	Coach Knepper	Coach Santos	Coach Lancaster	Coach Janicki

Format

We will run 4 mats. Double elimination. TEAM Points will be scored. Highest point scorer will count towards the team score. This tournament will be Open to freshmen and sophomores with college eligibility.

*****Freshmen/Sophomores Only*****

Balcony

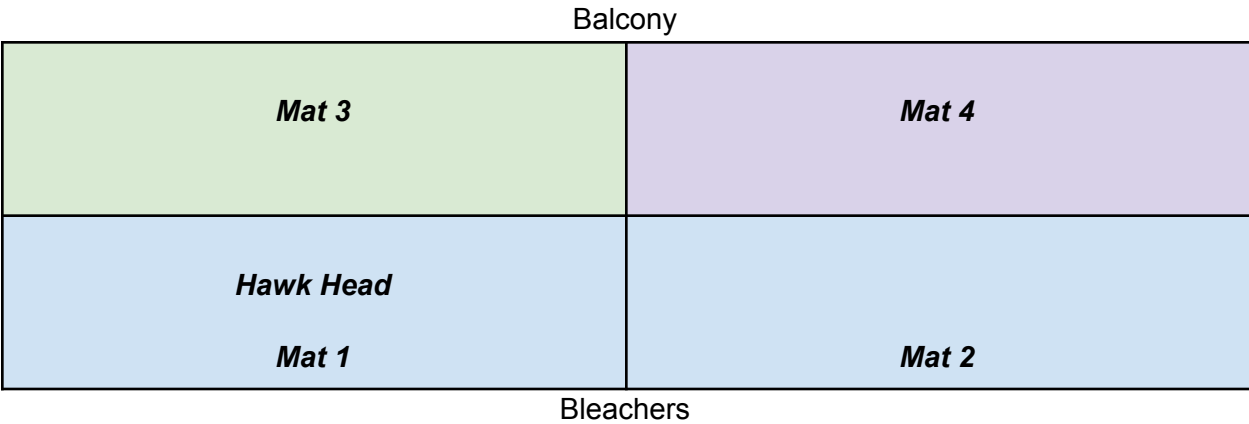
TEAMS will weigh-in upstairs on balcony ****Please bring your digital scale*

Participating TEAMS

Henry Ford, Mott, SC4, Morton, Cleary, Siena Hts, Defiance, Toledo, GVSU, Slippery Rock, Michigan Wc

Additional teams may be added if we do not reach our headcount





Head Count is important because of the size of our gym at HFC.
We cannot go over 130 participants.

[!\[\]\(c507f772dba2b921f86777f01218e570_img.jpg\) Hawks Invite Head Count](#)